



COACHING PHILOSOPHY

Creating a coaching philosophy is fairly simple. Living up to it all season long is the tricky part.

What's a coaching philosophy?

Basically, it reflects the standards you set for yourself and your team, and it's the foundation of your coaching values and beliefs.

A thoughtful coaching philosophy keeps you on the right track as you negotiate your way through the season.

Even with a carefully planned philosophy firmly in place, adhering to it at all times can be difficult. Challenges show themselves when a child's parent confronts you halfway through the season about why the team isn't winning more games or why the lesser-skilled kids are receiving as much playing time as the team's best players. Explaining your coaching philosophy to the parents before the season gets under way helps you steer clear of many of these potential headaches.

Developing your coaching philosophy means identifying the purpose of your coaching, your coaching values and choosing your leadership style. Together, these three elements form your coaching philosophy:

1. PURPOSE
2. LEADERSHIP STYLE
3. VALUES

Coaching Philosophy Example:

