

Wellington Junior Hockey

Kwik Sticks (11-a-side)

Age: Year 7&8

Team: 11 players including a fully kitted goalkeeper. A minimum of 13 players must be registered with the team at the start of the season and a maximum of 16 players can participate in any given game.

Player eligibility:

- Clubs and Schools may not select a Year 8 player who has represented Wellington (U13A or B Teams) and who did not play for that club or school in the previous season without dispensation from Wellington Hockey Association.
- Clubs and schools may request dispensation for exceptional Year 6 pupils to play in this grade. This needs to be in writing (Name, age, playing history, 2 x strengths and 2 x work on's) no later than two weeks prior to the season starting.

Field Size: Games are played on full-sized turfs at one of 5 venues.

Game Length:

- P1 games are 2 x 25 minute halves with 3 minutes for half time.
- All other grades are 2 x 20 minute halves with 3 minutes for half time.

Rules:

- P1 plays standard FIH rules of hockey with the following exception;
 - No drag flicking
- All other grades play standard FIH rules of hockey with the following exceptions;
 - No drag flicking
 - No over heads
 - No stick above shoulders

Umpires: Each team is required to register an umpire when registering. These umpires will then be appointed to games by WHA.